

KILIMANJARO TREKKING · CAMPING

# Mount Meru Trek

Climb Tanzania's second-highest mountain (4,566 m) through Arusha National Park — great training for Kilimanjaro.

|                                                                      |                                 |                                   |
|----------------------------------------------------------------------|---------------------------------|-----------------------------------|
| <b>DURATION</b><br>4 days / 3 nights                                 | <b>STARTS</b><br>Arusha         | <b>ENDS</b><br>Arusha             |
| <b>ROUTE</b><br>Momella Gate, Miriakamba, Saddle Hut, Socialist Peak | <b>ACCOMMODATION</b><br>Camping | <b>FROM</b><br>USD 950 per person |

## Highlights

- Walk past giraffes and buffalo with an armed ranger
- Sunrise over Kilimanjaro from Socialist Peak
- Excellent acclimatisation before Kilimanjaro

## Day-by-day itinerary

- 1

**Day 1: Momella Gate to Miriakamba Hut**  
Momella Gate to Miriakamba Hut (2,514 m)  
Walk through forest and open grassland with wildlife.  
**Stay:** Miriakamba Hut   **Meals:** Lunch, Dinner   **Transport:** On foot   **Travel:** 4–5 h hiking
- 2

**Day 2: Miriakamba to Saddle Hut**  
Miriakamba Hut to Saddle Hut (3,570 m)  
Climb through forest to Saddle Hut; afternoon walk to Little Meru.  
**Stay:** Saddle Hut   **Meals:** Breakfast, Lunch, Dinner   **Transport:** On foot   **Travel:** 3–4 h hiking
- 3

**Day 3: Summit and descent**  
Saddle Hut to Miriakamba Hut  
Night start along the crater rim to Socialist Peak, then descend.  
**Stay:** Miriakamba Hut   **Meals:** Breakfast, Lunch, Dinner   **Transport:** On foot   **Travel:** 10–12 h hiking
- 4

**Day 4: Return to Arusha**  
Miriakamba Hut to Arusha  
Descend to Momella Gate and transfer to Arusha.  
**Meals:** Breakfast   **Transport:** On foot   **Travel:** 2–3 h hiking

## Included

- + Park and hut fees
- + Mountain guide and armed ranger
- + Porters and cook
- + Meals on the mountain
- + Transfers

## Not included

- International flights
- Visa costs
- Travel insurance
- Tips for guides and staff
- Drinks at lodges
- Personal expenses
- Sleeping bag hire

## Price

### PER PERSON

**USD 950**

Per person, 2 climbers

Prices shown are estimated starting prices and may vary depending on travel dates, availability, accommodation category, park fees, number of travellers and requested services. Final pricing will be confirmed by SASU Tours.

## Requirements

- Good fitness
- Insurance covering trekking to 5,000 m

## Cancellation

- 60 days or more before arrival: deposit refunded minus bank charges
- 59–30 days: 30% of the tour price
- 29–8 days: 50% of the tour price
- 7 days or less, or no-show: 100% of the tour price

### Ready to book or adjust this trip?

Call or WhatsApp +255 759 902 616 · info@sasutoursafaris.com · MUA House, 4th Floor, Posta, Dar es Salaam, Tanzania  
<https://sasutoursafaris.com/tours/mount-meru-trek>